



GOVERNMENT OF GUAM  
DEPARTMENT OF PUBLIC HEALTH AND SOCIAL SERVICES  
*DIPATTAMENTON SALUT PUPBLEKO YAN SETBISION SUSIAT*



LOURDES A. LEON GUERRERO  
MAGA'HAGAN GUAHAN  
GOVERNOR OF GUAM

JOSHUA F. TENORIO  
SEGUNDO MAGA'LAHEN GUAHAN  
LT. GOVERNOR OF GUAM

THERESA C. ARRIOLA, MBA  
DIRECTOR

PETERJOHN D. CAMACHO, MPH  
DEPUTY DIRECTOR

AMANDA LEE SHELTON, MPA  
DEPUTY DIRECTOR

## PRESS RELEASE PR26-077

March 19, 2026

### DPHSS Invites Community to Get Involved in Guam's Chronic Disease Prevention Plan

Hagåtña, Guam – The Guam Department of Public Health and Social Services, in collaboration with the Guam Non-Communicable Disease (NCD) Consortium, is inviting our island community to be part of shaping a healthier Guam.

Non-communicable diseases (NCDs), such as heart disease and diabetes continue to affect many individuals and families across the island. In response, DPHSS is launching Guam's fourth NCD Strategic Plan focused on strengthening prevention efforts and supporting healthier lifestyles.

#### Meeting Details

Date: Monday, March 23, 2026

Time: 8 a.m. to 4 p.m.

Location: Hilton Guam Resort and Spa

The upcoming NCD Consortium meeting will bring together community partners to review the strategic plan and support its implementation through coordinated efforts. These areas include:

1. **Nutrition:** Strengthening nutrition and addressing obesity, including breastfeeding support
2. **Healthy Eating:** Addressing obesity through strengthening consumption of fruits and vegetables, while reducing intake of sodium and sugar sweetened beverages
3. **Active Living:** Promote physical activity and active lifestyles
4. **Prevention and Control:** Reducing the harms of tobacco and alcohol use

“Chronic disease remains a serious concern for our island,” said Theresa C. Arriola, Director of the Department of Public Health and Social Services. “This plan reflects our continued work with community partners to address risk factors and support healthier environments across Guam.”

Community organizations and individuals interested in supporting this effort are encouraged to attend. For more information and to RSVP, please contact Grace Garces Bordallo at [DiabetesControl@dphss.guam.gov](mailto:DiabetesControl@dphss.guam.gov)

*About the NCD Consortium:*

Since 2011, the Non-Communicable Disease Consortium has served as a platform for partners to align efforts, strengthen policies, and support programs that make healthy choices easier for individuals and families across Guam. By bridging the gap between residents and health resources, the NCD Consortium aims to create a community where everyone has the opportunity to live a long, healthy life.

####